

FOUNDATION PLAY THERAPY TRAINING: 2026 SCHEDULE



Our 2026 Foundation Play Therapy Training features an exceptional lineup of internationally recognized workshop leaders. Each facilitator brings deep clinical expertise, years of experience in the field, and a commitment to advancing the practice of play therapy across Canada and beyond.

MAY

HISTORY, MODELS & PROCESS: MAY 4-15, 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Introduction to Play Therapy ⁴	Play Therapy History, Models and Process (2 days) ⁵	Play Therapy History, Models and Process (2 days) ⁶	Assessment & Treatment Planning in a Play Therapy Context ⁷	Ethical Practice in a Play Therapy Setting ⁸
WEEK 2	Using Play with Families ¹¹	Non-Directive Play Therapy and Filial Therapy (2 days) ¹²	Non-Directive Play Therapy and Filial Therapy (2 days) ¹³	Attachment Theory and Therapy in a Play Therapy Setting ¹⁴	Theraplay as a Play Therapy Model ¹⁵

JUNE

TECHNIQUES: JUNE 8-19, 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 3	Using Sandtray in Play Therapy (2 days) ⁸	Using Sandtray in Play Therapy (2 days) ⁹	Brain Research and Child Development in a Play Therapy Setting ¹⁰	Understanding Traumatized Children & Applying PT Tools (2 days) ¹¹	Understanding Traumatized Children & Applying PT Tools (2 days) ¹²
WEEK 4	Creating an Inclusive and Culturally Competent Play Therapy Practice ¹⁵	Storytelling as a Play Therapy Tool ¹⁶	Understanding and Treating Anxious Children using Play Therapy ¹⁷	Play Therapy with Abused Children Day 1: Physical & Emotional Abuse ¹⁸	Play Therapy with Abused Children Day 2: Sexual Abuse ¹⁹

AUGUST

SPECIAL POPULATIONS: AUGUST 3-14, 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 5	Treating Disruptive Behaviour in a Play Therapy Setting (2 days) ³	Treating Disruptive Behaviour in a Play Therapy Setting (2 days) ⁴	Art Therapy in a Play Therapy Setting ⁵	Play Therapy with Adults ⁶	Group Therapy in a Play Therapy Setting ⁷
WEEK 6	Play Therapy for Children and Families Coping with Loss (2 days) ¹⁰	Play Therapy for Children and Families Coping with Loss (2 days) ¹¹	Using Puppets as a Play Therapy Tool ¹²	Vicarious Trauma and Self Care in a Play Therapy Environment ¹³	Case Application - Putting all the Learning Together ¹⁴

2026 WORKSHOP LEADERS:

This year's faculty includes respected authors, clinicians, supervisors, and educators who are dedicated to supporting your professional growth and strengthening your play therapy skills.
Note: Instructors may be substituted if necessary.

- Stephanie Anderson
- Christopher Conley
- Stacy Darku
- Theresa Fraser
- Barbara Jones Warrick
- Jodie Keeso
- Hannah Kip
- Greg Lubimiv
- Liana Lowenstein
- Cynthia Manley
- Anna Raworth
- Stephanie Rubenstein
- Andrea Stephenson
- Hannah Sun-Reid