

FOUNDATION PLAY THERAPY TRAINING: 2026 SCHEDULE



Our 2026 Foundation Play Therapy Training features an exceptional lineup of internationally recognized workshop leaders. Each facilitator brings deep clinical expertise, years of experience in the field, and a commitment to advancing the practice of play therapy across Canada and beyond.

(Note: All classes run Monday to Friday, 9:00 a.m. to 3:30 p.m. ET.)



MAY

HISTORY, MODELS & PROCESS: MAY 4-15, 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	4 Introduction to Play Therapy	5 Play Therapy History, Models and Process (2 days)	6 Play Therapy History, Models and Process (2 days)	7 Assessment & Treatment Planning in a Play Therapy Context	8 Ethical Practice in a Play Therapy Setting
	11 Using Play with Families	12 Non-Directive Play Therapy and Filial Therapy (2 days)	13 Non-Directive Play Therapy and Filial Therapy (2 days)	14 Attachment Theory and Therapy in a Play Therapy Setting	15 Theraplay as a Play Therapy Model

JUNE

TECHNIQUES: JUNE 8-19, 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 3	8 Creating an Inclusive and Culturally Competent Play Therapy Practice	9 Storytelling as a Play Therapy Tool	10 Brain Research and Child Development in a Play Therapy Setting	11 Understanding Traumatized Children & Applying PT Tools (2 days)	12 Understanding Traumatized Children & Applying PT Tools (2 days)
	15 Using Sandtray in Play Therapy (2 days)	16 Using Sandtray in Play Therapy (2 days)	17 Understanding and Treating Anxious Children using Play Therapy	18 Play Therapy with Abused Children Day 1: Physical & Emotional Abuse	19 Play Therapy with Abused Children Day 2: Sexual Abuse

AUGUST

SPECIAL POPULATIONS: AUGUST 3-14, 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 5	3 Treating Disruptive Behaviour in a Play Therapy Setting (2 days)	4 Treating Disruptive Behaviour in a Play Therapy Setting (2 days)	5 Art Therapy in a Play Therapy Setting	6 Play Therapy with Adults	7 Group Therapy in a Play Therapy Setting
	10 Play Therapy for Children and Families Coping with Loss (2 days)	11 Play Therapy for Children and Families Coping with Loss (2 days)	12 Using Puppets as a Play Therapy Tool	13 Vicarious Trauma and Self Care in a Play Therapy Environment	14 Case Application - Putting all the Learning Together

2026 WORKSHOP LEADERS:

This year's faculty includes respected authors, clinicians, supervisors, and educators who are dedicated to supporting your professional growth and strengthening your play therapy skills.

Note: Instructors may be substituted if necessary.

- Stephanie Anderson
- Christopher Conley
- Stacy Darku
- Theresa Fraser
- Barbara Jones Warrick
- Jodie Keeso
- Hannah Kip
- Greg Lubimiv
- Liana Lowenstein
- Cynthia Manley
- Anna Raworth
- Stephanie Rubenstein
- Andrea Stephenson
- Hannah Sun-Reid