

# FOUNDATION PLAY THERAPY TRAINING: 2026 SCHEDULE



Our 2026 Foundation Play Therapy Training features an exceptional lineup of internationally recognized workshop leaders. Each facilitator brings deep clinical expertise, years of experience in the field, and a commitment to advancing the practice of play therapy across Canada and beyond.

(Note: All classes run Monday to Friday, 9:00 a.m. to 3:30 p.m. ET.)

## MAY

### HISTORY, MODELS & PROCESS: MAY 4-15, 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Introduction to Play Therapy <sup>4</sup>	Play Therapy History, Models and Process (2 days) <sup>5</sup>	Play Therapy History, Models and Process (2 days) <sup>6</sup>	Assessment & Treatment Planning in a Play Therapy Context <sup>7</sup>	Ethical Practice in a Play Therapy Setting <sup>8</sup>
WEEK 2	Using Play with Families <sup>11</sup>	Non-Directive Play Therapy and Filial Therapy (2 days) <sup>12</sup>	Non-Directive Play Therapy and Filial Therapy (2 days) <sup>13</sup>	Attachment Theory and Therapy in a Play Therapy Setting <sup>14</sup>	Theraplay as a Play Therapy Model <sup>15</sup>

## JUNE

### TECHNIQUES: JUNE 8-19, 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 3	Creating an Inclusive and Culturally Competent Play Therapy Practice <sup>8</sup>	Storytelling as a Play Therapy Tool <sup>9</sup>	Brain Research and Child Development in a Play Therapy Setting <sup>10</sup>	Understanding Traumatized Children & Applying PT Tools (2 days) <sup>11</sup>	Understanding Traumatized Children & Applying PT Tools (2 days) <sup>12</sup>
WEEK 4	Using Sandtray in Play Therapy (2 days) <sup>15</sup>	Using Sandtray in Play Therapy (2 days) <sup>16</sup>	Understanding and Treating Anxious Children using Play Therapy <sup>17</sup>	Play Therapy with Abused Children Day 1: Physical & Emotional Abuse <sup>18</sup>	Play Therapy with Abused Children Day 2: Sexual Abuse <sup>19</sup>

## AUGUST

### SPECIAL POPULATIONS: AUGUST 3-14, 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 5	Treating Disruptive Behaviour in a Play Therapy Setting (2 days) <sup>3</sup>	Treating Disruptive Behaviour in a Play Therapy Setting (2 days) <sup>4</sup>	Art Therapy in a Play Therapy Setting <sup>5</sup>	Play Therapy with Adults <sup>6</sup>	Group Therapy in a Play Therapy Setting <sup>7</sup>
WEEK 6	Play Therapy for Children and Families Coping with Loss (2 days) <sup>10</sup>	Play Therapy for Children and Families Coping with Loss (2 days) <sup>11</sup>	Using Puppets as a Play Therapy Tool <sup>12</sup>	Vicarious Trauma and Self Care in a Play Therapy Environment <sup>13</sup>	Case Application - Putting all the Learning Together <sup>14</sup>

## 2026 WORKSHOP LEADERS:

This year's faculty includes respected authors, clinicians, supervisors, and educators who are dedicated to supporting your professional growth and strengthening your play therapy skills.

Note: Instructors may be substituted if necessary.

- Stephanie Anderson
- Christopher Conley
- Stacy Darku
- Theresa Fraser
- Barbara Jones Warrick
- Jodie Keeso
- Hannah Kip
- Greg Lubimiv
- Liana Lowenstein
- Cynthia Manley
- Anna Raworth
- Stephanie Rubenstein
- Andrea Stephenson
- Hannah Sun-Reid